Figure 1: Bivariate relationship between total medications and A) age (N=135) and B) number of chronic conditions (N=99, given chronic conditions were only obtained from participants ≥20 years old). The horizontal line at Y=5 denotes the cutoff at/above which participants are classified as having polypharmacy. Number of chronic conditions was calculated as the sum of the following conditions: chronic obstructive pulmonary disease, congestive heart failure, coronary disease, hypertension, diabetes, liver disease, thyroid disease, and malignancy. These conditions were self-reported, except for hypertension and diabetes whose definitions also included blood pressure or A1c measurement, or else pharmacotherapy as reported in the methods section.