

Table 1A. Patient Demographics	Standard Calorie (N=16)	High Calorie (N=19)	Total (N=35)	P-value
Newborn Characteristics				
Birth Weight, kilograms ^a	2.99 (0.43)	2.92 (0.49)	2.95 (0.46)	0.66
Head Circumference, cm ^a	33.21 (1.60)	32.87 (2.34)	33.03 (2.01)	0.63
Female, n (%)	6 (37.50%)	11 (57.89%)	17 (48.57%)	0.23
Gestational Age, weeks ^a	39.35 (1.24)	38.92 (1.59)	39.11 (1.44)	0.39
Race-Ethnicity				1.00
White non-Hispanic, n (%)	15 (93.75%)	16 (84.21%)	31 (88.57%)	
White Hispanic, n (%)	1 (6.25%)	1 (5.26%)	2 (5.71%)	
African American, n (%)	0 (0.00%)	1 (5.26%)	1 (2.86%)	
Other, n (%)	0 (0.00%)	1 (5.26%)	1 (2.86%)	
Delivery, vaginal, n (%)	11 (68.75%)	11 (57.89%)	22 (62.86%)	0.51
Maternal Characteristics				
Maternal Age, years ^a	33.44 (4.35)	32.84 (4.80)	33.11 (4.54)	0.71
Maternal Gravida ^a	3.60 (1.64)	4.00 (2.11)	3.82 (1.90)	0.55
Public Insurance, n (%)	16 (100.00%)	17 (89.47%)	33 (94.29%)	1.00
Maternal Opioid				1.00
Methadone, n (%)	11 (68.75%)	14 (73.68%)	25 (71.43%)	
Methadone dose, milligrams ^a	87.00 (43.61)	79.36 (39.89)	82.72 (40.33)	0.65
Buprenorphine, n (%)	5 (31.25%)	5 (26.32%)	10 (28.57%)	
Buprenorphine dose, milligrams ^a	10.00 (8.25)	10.40 (7.80)	10.20 (7.57)	0.94
Other, n (%)	0 (0%)	0 (0%)	0 (0%)	
Poly-opioid use, n (%)	3 (18.75%)	4 (21.05%)	7 (20.00%)	1.00
Polysubstance use, n (%)	7 (43.75%)	8 (42.11%)	15 (42.86%)	0.92
Current smoker, n (%)	10 (62.50%)	14 (73.68%)	24 (68.57%)	0.48
Table 1B. Newborn Clinical Outcomes	Standard Calorie (N=16)	High Calorie (N=19)	Total (N=35)	P-value
Maximal percent weight loss ^b	-5.4 (-7.7, -4.0)	-9.1 (-10.4, -8.2)	-7.6 (-9.1, -6.0)	0.12
Days to maximal percent weight loss ^b	3.5 (2.0, 5.0)	4.0 (3.0, 4.0)	4.0 (3.0, 5.0)	0.54
Length of stay, days ^b				
Mean (SD)	4.37 (2.46)	4.09 (1.36)	4.22 (1.91)	0.69
Median (IQR) ^b	3.9 (3.0, 5.0)	3.7 (3.1, 5.3)	3.7 (3.0, 5.0)	0.88
Ever fed breastmilk, n (%)	9 (56.25%)	13 (68.42%)	22 (62.86%)	0.46

>50% breastmilk feeds on day 3, n (%)	1 (6.25%)	2 (11.11%)	3 (8.82%)	1.00
Any breastmilk at discharge, n (%)	3 (18.75%)	10 (52.63%)	13 (37.14%)	0.039*
Stools per day ^b	4.0 (3.0, 5.0)	4.0 (3.0, 5.0)	4.0 (3.0, 5.0)	0.59

^aMean (Standard Deviation)

^bMedian (95% confidence interval)