

Table: Demographics and Clinical Experience

		Total	Control Group	Mental Rehearsal Group
Gender	Male	2	0	2
	Female	30	16	14
Level of training (Neonatology fellows)	PGY4	6	4	2
	PGY5	5	2	4
	PGY6	6	1	4
Certification	MD	17	7	10
	PA	1	0	1
	NNP	11	7	4
	ARNP	2	1	1
	PNP	1	0	1
Years of clinical experience	<1 year	1	1	0
	1-5 years	14	7	7
	5-10 years	7	2	5
	>10 years	9	5	4
Years since initial NRP training	<5 years (Junior)	16	8	8
	>5 years (Senior)	15	7	8
Number of deliveries attended on average in past 6 months	0-1/week	10	6	4
	2-10/week	20	9	11
	>10/week	1	0	1
Number of resuscitations in past 6 months requiring resuscitation beyond routine drying and stimulation	None	1	1	0
	1-3/week	7	5	1
	3-10/week	13	5	9
	>10/week	10	4	5
Number of resuscitations led by participant in past 6 months	None	9	6	3
	1-3/week	6	5	5
	3-10/week	13	1	8
	>10/week	3	3	0
Number of simulations attended in past 6 months	None	14	8	6
	1-3/week	14	6	8
	3-10/week	3	1	2
	>10/week	0	0	0