Table 1: Baseline maternal demographics, PPCV scores, and mental health survey responses;

Baseline infant demographics, completed study.

Maternal	Control (N=8)	Intervention (N=12)
Maternal age in years mean ± SD	31 ± 6	29 ± 7
Single births, N (%)	6 (75)	8 (67)
Prior maternal mental health diagnosis, N (%)	0 (0)	1 (8)
Average Steroid Doses median (IQR)	1 (1, 1)	2 (1, 2)
C-Section Delivery, N (%)	7 (88)	7 (58)
English Primary Language, N (%)	3 (38)	8 (67)
Spanish Primary Language, N (%)	5 (62)	4 (33)
Hispanic Individuals, N (%)	6 (75)	9 (75)
African American Individuals, N (%)	2 (25)	3 (25)
Non-Hispanic White Individuals, N (%)	0 (0)	1 (5)
Medicaid, N (%)	8 (100)	12 (100)
Baseline VBSc Score, median (IQR)	35 (25, 40)	33 (27, 36)
Baseline VCSc Score, median (IQR)	4 (0, 10)	6 (4, 9)
Baseline RVCSc Score, median (IQR)	55 (17, 57)	37 (20, 46)
Baseline BDI-II Score, median (IQR)	0 (0, 16)	10 (8, 17)

Baseline BAI Score, median (IQR)	8 (0, 15)	12 (4, 17)
Baseline TEQ Score, median (IQR)	1 (0, 1)	2 (0, 3)

*None of the variables differed significantly between groups.

VBSc = Vulnerable Baby Scale; VCSc = Vulnerable Child Scale; RVCSc= Revised Vulnerable Child Scale; BDI-II = Beck Depression Inventory 2nd Edition; BAI = Beck Anxiety Inventory; TEQ = Traumatic Event Questionnaire; IQR = Interquartile Range

Infant	Control (N=8)	Intervention (N=12)
Gestational Age, weeks, median (IQR)	29 (25, 30)	30 (28, 30)
Birthweight in grams, median (IQR)	985 (820, 1450)	1295 (1081, 1609)
PMA at discharge, weeks, median (IQR)	39 (39, 41)	38 (37, 41)
Sepsis, N (%)	4 (50)	4 (33)
Moderate/Severe BPD, N (%)	2 (25)	2 (17)
Retinopathy of Prematurity, N (%)	4 (50)	4 (33)
Intraventricular Hemorrhage, N (%)	0 (0)	0 (0)
Bassan Score, mode (range)	0 (0, 0)	0 (0, 0)
Necrotizing Enterocolitis, N (%)	1 (13)	1 (8)
Death, N (%)	0 (0)	0 (0)

*None of the variables differed significantly between groups.

PMA= Post-menstrual age; BPD = Bronchopulmonary Dysplasia