

Theme	Theme Description	Quotes
Finding Meaning	Trainees seek to engage in global health experiences as a way of finding meaning and purpose in medicine.	<p><i>“When you are in those rural areas, they really value your opinion, what you’re saying. For me it kind of almost grounds me and it’s just like, OK, this is why I exist ... I am doing something in this world.”</i></p> <p><i>“I think the one thing that is constant, and will always be constant, [is] we’re all human beings and health care is, you know, medicine is, the same everywhere in terms of, like, what do you need to do to save a patient.”</i></p>
Previous Exposure	<p>Early exposure to underserved populations created a desire to help.</p> <p>Subtheme: International Medical Graduates (IMGs) felt a sense of duty to give back to their home communities.</p>	<p><i>“Seeing all the needs and how privileged I am [...] I never had to deal with not having anything to eat or not being able to have specific medical care or being far away from the doctors, like it's definitely something that motivated me.”</i></p> <p><i>“I feel like I've been really lucky to be able to have all these opportunities, and I want to do global health to help my country, I feel like I have a responsibility to go back and teach or [...] improve whatever I can.”</i></p>
Professional Development	Trainees look to global health as an opportunity to fill perceived gaps in their U.S. medical education, including better clinical and procedural skills.	<p><i>“We have one CT machine; we have one MRI on the whole island. So, the doctors sometimes would be like, OK, you don't have imaging, how are you gonna differentiate what stroke this patient had?”</i></p> <p><i>“Learning the basics like I've drawn blood once, you know, things like, [...] administering vaccines like I've done it like three times, like putting a PPD [...] little things like this that as physicians here we don't get that much exposure [to]”</i></p>