

“There could be issues with being affiliated to an institution, liability, real or perceived risk. I could see maybe **institutions being hesitant** to send people to places where they open themselves up to some liability as well as trainee not having credentials.”

“I think it's a huge, like, **financial privilege** to be able to go on those trips”

“I used to love traveling and doing global health. Like now that **I have a kid**, it's like a lot harder logistically to plan for us.”

“I think when you go somewhere where [...] you don't speak the language, you're not from there. There's an **element of fear**”

BARRIERS



LACK OF
INSTITUTIONAL
SUPPORT



FAMILY AND
ECONOMIC STATUS



HOST-SITE
INACCESSIBILITY

SOLUTIONS



UTILIZE TRAINEE
CONNECTIONS



BUILD TRAINEE
RESEARCH TEAM



START LOCAL

“A special thing about this program is that you actually have a lot of **residents from different countries**. So, for example, I could legally practice in my home country.”

“I think we have to take advantage that we have **a lot of IMG's** because like, of course, we know about the culture [...] So [we] can be a good team.”

“Doing research about global health could also be part of the project. If people don't wanna go or travel because maybe they have family or they have things they cannot do, **they can [still] be involved** in research.”

“I've done a few immigrant health fairs [...] it's like a way to have longitudinal opportunities **locally**. “