

Outcome	Traditional Consult (TC)	Spaced Repetition Consult (SRC)	p-value
Anxiety Score			
After 1 week NICU Admission			
All Subjects	-2.1 ± 5.0 (n = 28)	3.2 ± 6.0 (n = 28)	0.455
25 0/7 - 27 6/7 weeks	-2.6 ± 6.8 (n = 5)	-3.1 ± 4.5 (n = 7)	0.871
28 0/7 - 31 6/7 weeks	-2.0 ± 5.8 (n = 9)	-4.8 ± 7.2 (n = 11)	0.355
32 0/7 - 34 6/7 weeks	-2.0 ± 4.1 (n = 14)	-1.5 ± 5.5 (n = 10)	0.8
At/Near Discharge			
All Subjects	-1.8 ± 4.8 (n = 24)	-1.1 ± 4.7 (n = 18)	0.67
25 0/7 - 27 6/7 weeks	-0.5 ± 3.7 (n = 6)	-4.3 ± 3.1 (n = 6)	0.171
28 0/7 - 31 6/7 weeks	-2.9 ± 3.6 (n = 8)	-1.2 ± 2.3 (n = 6)	0.336
32 0/7 - 34 6/7 weeks	-1.6 ± 6.3 (n = 10)	0.0 ± 6.0 (n = 9)	0.579
Knowledge Score			
After 1 week NICU Admission			
All Subjects	8.3 ± 22.1 (n = 28)	18.3 ± 21.0 (n = 28)	0.091
25 0/7 - 27 6/7 weeks	26.7 ± 25.6 (n = 5)	23.8 ± 13.5 (n = 7)	0.805
28 0/7 - 31 6/7 weeks	13.6 ± 16.5 (n = 9)	25.2 ± 22.8 (n = 11)	0.216
32 0/7 - 34 6/7 weeks	1.6 ± 19.9 (n = 14)	6.7 ± 19.7 (n = 10)	0.326
At/Near Discharge			
All Subjects	25.0 ± 19.2 (n = 24)	25.9 ± 19.8 (n = 18)	0.879
25 0/7 - 27 6/7 weeks	35.2 ± 23.7 (n = 6)	18.5 ± 12.8 (n = 3)	0.303
28 0/7 - 31 6/7 weeks	25.0 ± 20.3 (n = 8)	31.5 ± 24.8 (n = 6)	0.6
32 0/7 - 34 6/7 weeks	18.9 ± 13.9 (n = 10)	24.7 ± 19.1 (n = 9)	0.455