

Table 1: Demographic, Illness, and Weight characteristics

Demographic Characteristics (n=192)	M	SD	n	%
Age	15.2	2.0		
Sex assigned at birth				
Male			28	14.2
Female			164	85.4
Gender identity				
Cisgender			187	97.4
Male transgender			2	1.0
Female transgender			3	1.6
Race				
White			172	87.3
Black			1	0.5
Asian			5	2.6
Mixed/Other			14	7.3
Ethnicity				
Hispanic/Latino(s)			8	4.2
Non-Hispanic/Latino(s)			184	95.8
Weight and Illness Characteristics				
Diagnosis				
AN			96	48.7
Atypical AN			82	41.6
ARFID			9	4.6
OSFED			5	2.5
BMI category prior to weight loss				
Underweight			4	2.1
Normal			103	53.6
Overweight			33	17.2
Obese			27	14.1
Unknown			25	13.0
BMI category on presentation				
Underweight			81	41.1
Normal			108	54.8
Overweight			1	0.5
Obese			2	1.0
BMI percentile before weight loss	69.3	26.2		
BMI percentile at hospitalization	19.8	24.1		
% of total body weight loss	23.4	9.0		
Rate of weight loss (kg/month)	2.6	2.4		

AN = anorexia nervosa ; ARFID = avoidant restrictive food intake disorder ; OSFED = other specified feeding and eating disorder