

Table 2. Mean Score (SD) and Effect Size

Scale	N	Pre-survey Mean (SD)	Post-survey Mean (SD)	P-value	Effect Size (Cohen's d)
PSI-SF					
Total Score	14	72.4 (20.7)	69.4 (15.0)	0.67	-0.17
PD (Parental Distress)	14	25.2 (9.4)	24.1 (8.2)	0.71	-0.14
DI (Dysfunctional Interaction)	15	20.1 (7.0)	18.9 (6.2)	0.48	-0.27
DC (Difficult Child)	14	27.3 (8.0)	26.0 (5.1)	0.6	-0.20
Defensive Responding	15	15.6 (6.7)	13.8 (5.5)	0.38	-0.34
PPI - 2003 version					
Appropriate Discipline	12	3.0 (1.3)	2.8 (0.9)	0.36	-0.19
Harsh and Inconsistent Discipline	12	2.1 (0.5)	2.1 (0.6)	0.6	0.03
Positive Verbal Discipline	15	5.2 (1.0)	5.7 (1.0)	0.019*	1.01
Monitoring	15	6.4 (0.8)	6.2 (0.9)	0.19	-0.50
Physical Punishment	15	1.01 (0.04)	1.01 (0.04)	1	0
Praise and Incentives	14	4.6 (1.0)	4.8 (0.8)	0.29	0.42
Clear Expectations	15	3.4 (1.2)	3.4 (0.9)	0.9	-0.07