

**Table 1. Temporal Trends in US Children’s Health.**

Indictor, Age Group	Time Period	Change	Thriving Trend
Allergies, 0-17y <sup>1</sup> Seasonal allergies Eczema Food allergies	1997-2021	17.0% to 18.9% 7.4% to 10.8% 3.4% to 5.8%	Worse Worse Worse
Anxiety disorder, 2-17y <sup>1</sup>	2005-2019	3.0% to 8.5%	Worse
Asthma, ever diagnosed, 0-17y <sup>1</sup>	1997-2021	11.4% to 10.2%	Better
Blood lead levels, elevated, 1-5y <sup>2</sup>	1990-2021	25.6% to 0.4%	Better
Child abuse or neglect, <1y <sup>3</sup>	2008-2021	20/1000 children to 25/1000 children	Worse
Chronic conditions, at least one of 13 chronic conditions <sup>4</sup>	2012-2022	31.6% to 35.6%	Worse
Depressive disorder, 12-17y <sup>5</sup>	2004-2023	6.2% to 18.1%	Worse
Depressive symptoms, 14-17y <sup>6</sup>	1999-2023	28.3% to 39.7%	Worse
Early childhood caries <sup>2</sup>	2011-2020	14.1% to 26.1%	Worse
Limitations in usual activities, 0-17y, <sup>1</sup>	1960-2018	1.8% to 11.2%	Worse
Low birthweight birth, 0y <sup>7</sup>	1980-2021	6.8% to 8.5%	Worse
Myopia, 12-17y <sup>2</sup>	1972-2004	24.0% to 33.9%	Worse
Neurodevelopmental disorders, 5-17y <sup>1</sup> Any ADHD Autism	2009-2017 2009-2017 2009-2017	16.2% to 17.8% 8.5% to 9.5% 1.1% to 2.5%	Worse Worse Worse
Non-fatal suicide attempt, 14-17y <sup>6</sup>	1991-2023	7.3% to 9.5%	Worse
Overweight/obese, 2-19y <sup>2</sup>	1974-2018	15.4% to 35.4%	Worse
Premature birth, 0y <sup>7</sup>	2011-2021	9.6% to 10.5%	Worse
Serious emotional or behavioral difficulty, 4-17y <sup>1</sup>	2011-2018	5.0% to 6.1%	Worse
Sleep duration, ≥ 7 hours regularly, 15y <sup>8</sup>	1991-2012	71.5% to 63.0%	Worse

Indicator, Age Group	Time Period	Change	Thriving Trend
Suicide mortality rate per 100,000, 10-19y <sup>9</sup>	1950-2021	1.5% to 6.9%	Worse
Thelarche, Age at start <sup>10</sup>	1991-2008	9.8 to 9.2 years old	Worse

Data Sources: <sup>1</sup>National Health Interview Survey; <sup>2</sup>National Health and Nutrition Examination Survey; <sup>3</sup>National Child Abuse and Neglect Data System; <sup>4</sup>Global Burden of Disease; <sup>5</sup>National Survey on Drug Use and Health; <sup>6</sup>Youth Risk Behavior Survey; <sup>7</sup>National Vital Statistics System; <sup>8</sup>Pregnancy Risk Assessment Monitoring System; <sup>8</sup>Monitoring the Future; <sup>9</sup>WHO Mortality Database; <sup>10</sup>The Puberty Study of the Breast Cancer and the Environment Research Program.