

Table 1. Demographics, sleep, depression, and anxiety variables for 2024 Dane County Youth Assessment (n=15448)

Variable	n (%)
<b>Age</b>	
Mean (std)	16.82 (1.20)
14	2291 (14.83%)
15	4406 (28.52%)
16	3963 (25.65%)
17	3326 (21.53%)
18	1444 (9.35%)
Missing	18 (0.12%)
<b>Gender</b>	
Male	7613 (49.28%)
Female	7031 (45.51%)
Other	736 (4.76%)
Missing	68 (0.44%)
<b>Race</b>	
White	10208 (66.08%)
Non-White	4808 (31.12%)
Missing	432 (2.80%)
<b>Number of nights up past 11 PM</b>	
Mean(std)	2.91 (1.77)
0 nights	1786 (11.56%)
1 night	1838 (11.90%)
2 nights	2359 (15.27%)
3 nights	2268 (14.68%)
4 nights	1639 (10.61%)
Every school night	4241 (27.45%)
Missing	1317 (8.53%)
<b>Depression</b>	
Yes	2418 (15.65%)
No	12365 (80.04%)
Missing	665 (4.30%)
<b>Anxiety</b>	
Minimal	5191 (33.60%)
Mild	4280 (27.71%)
Moderate	3102 (20.08%)
Severe	2119 (13.72%)
Missing	756 (4.89%)