

Table 2. Regression analyses for mental health outcome and sleep

Outcome	Variable	Depression		Anxiety Severity	
		OR	95% CI	OR	95% CI
Number of nights up past 11 PM		1.29	(1.25 - 1.32)	1.26	(1.24 - 1.29)
Age	14	Reference		Reference	
	15	1.13	(0.96 - 1.32)	1.02	(0.92 - 1.13)
	16	1.23	(1.05 - 1.44)	1.11	(1.00 - 1.23)
	17	1.05	(0.89 - 1.24)	1.08	(0.97 - 1.20)
	18	1.02	(0.83 - 1.25)	1.09	(0.96 - 1.25)
Gender	Female vs. Male	1.89	(1.71 - 2.10)	3.17	(2.97 - 3.39)
	Other vs. Male	6.26	(5.24 - 7.48)	8.97	(7.69 - 10.46)
	Other vs. Female	3.31	(2.78 - 3.93)	2.83	(2.43 - 3.29)
Race	Non-white vs. White	1.31	(1.19 - 1.45)	1.09	(1.02 - 1.16)