

**Table 1: Pediatric Health Care Providers Who Routinely Counsel Patients on Lifestyle Medicine Topics**

<b>Lifestyle Medicine Topic</b>	<b>Percentage (N)</b>
Nutrition	79% (37)
Physical Activity	51% (24)
Stress Reduction	45% (21)
Social Connection	43% (20)
Sleep	38% (18)
Time in Nature	36% (17)
Risky Substance Use	23% (11)