

	StEP Control Group at Baseline (N= 267) n (%) or mean (SD)
Maternal Sociodemographic Characteristics	
Age	27.4 (5.7)
First-time parent	107 (40.1%)
Parity	1.7 (1.0)
US born	51 (19.1%)
Dominican Republic	14 (5.2%)
Mexico	123 (46.1%)
Ecuador	43 (16.1%)
Colombia	7 (2.6%)
Other	29 (10.9%)
Prefers Spanish	212 (79.7%)
Completed high school or higher	190 (71.2%)
Legally Married	71 (26.6%)
Employed	67 (25.1%)
Obesity Status	82 (30.7%)
Psychosocial stress	
Depression (yes/no)	90 (33.7%)
Social Support (How many people can you count on)	3.8 (3.3)
Household Demographics	
Household food insecurity	88 (33.0%)
Financial Difficulty	78 (29.2%)
SNAP	95 (35.6%)
TANF	4 (1.5%)
WIC	228 (85.4%)
Unemployment	1 (0.4%)
Social Security Income (SSI)	2 (0.8%)
Subsidized or free childcare	3 (1.1%)
Housing Assistance (Section 8)	7 (2.6%)
Locus of Control – Strongly Agree (at 36-months) (n=377)	
I can do a lot of things to prevent my child from becoming overweight	171 (90.0%)
There is nothing I can do to prevent my child from becoming overweight ¹	162 (85.3%)
I can do a lot to make sure my child has a healthy diet	173 (91.1%)
I can do a lot to make sure my child has a healthy weight	179 (94.2%)

High Locus of Control	143 (75.3%)
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