

Table 2. Factors Associated with Child Flourishing among Surveyed Caregivers and their Children, with Categorical Comparisons among Factor Levels by Child Flourishing Status (N = 350 unless otherwise noted).

Factor	All Respondents N (% of total)	Flourishing N (% of factor level)	Not Flourishing N (% of factor level)	<i>P</i>
Frequency of Consistent Bedtime				<0.001
Always*	100 (28.6%)	71 (71.0%)	29 (29.0%)	
Usually*	165 (47.2%)	72 (43.6%)	93 (56.4%)	
Sometimes	76 (21.7%)	18 (26.7%)	58 (76.3%)	
Never	9 (2.6%)	2 (22.2%)	7 (77.8%)	
Screen Time (on Weekdays)				<0.001
Less than 2 hours*	132 (37.8%)	113 (85.6%)	19 (14.4%)	
2-4 Hours	114 (32.7%)	42 (36.8%)	72 (63.2%)	
More than 4 hours	103 (29.5%)	7 (6.8%)	96 (93.2%)	
Frequency of Family Meals (n=347)				<0.001
Every Day*	180 (51.9%)	103 (57.2%)	77 (42.8%)	
4-6 Days*	102 (29.4%)	41 (40.2%)	61 (59.8%)	
1-3 Days	57 (16.4%)	16 (28.1%)	41 (71.9%)	
0 Days	8 (2.3%)	1 (12.5%)	7 (87.5%)	
Frequency of ≥60 Minutes of Physical Activity				<0.001
Every Day*	83 (23.7%)	71 (85.5%)	12 (14.5%)	
4-6 Days*	90 (25.7%)	64 (71.1%)	26 (28.9%)	
1-3 Days	156 (44.6%)	26 (16.7%)	130 (83.3%)	
0 Days	21 (6.0%)	2 (9.5%)	19 (90.5%)	
Participation in 1 or More Extracurricular Activities				<0.001
Yes*	210 (60%)	140 (66.7%)	70 (33.3%)	
No	140 (40.0%)	23 (16.4%)	117 (83.6%)	
Presence of Mentor Figure Outside the Home (n=348)				<0.001
Yes*	221 (63.5%)	139 (62.9%)	82 (37.1%)	
No	127 (36.5%)	23 (18.1%)	104 (81.9%)	

* Qualifying responses for which a flourishing factor was considered “present” in adjusted multivariable regression analyses.