

# Using a Positive Emotion Skill-Building Web-based Intervention to Reduce Mental Health Symptoms in Youth

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PAS Topic Areas:

Topic 1

- SDOH/Health Equity

**Table 1. CEDARS Participant Demographics**

	Total sample (n=36)		Group 1 (n =22)		Group 2 (n=14)	
	n	%	n	%	n	%
<b>Race</b>						
<i>American Indian or Native American</i>	-	-	-	-	-	-
<i>Asian or Asian American</i>	5	14	3	14	2	14
<i>Black or African American</i>	18	50	11	50	7	50
<i>Latino/a/x/e</i>	4	11	3	14	1	7
<i>Middle Eastern and/or North African</i>	1	3	1	5	0	0
<i>Native Hawaiian or Other Pacific Islander</i>	-	-	-	-	-	-
<i>White</i>	12	33	8	36	4	29
<i>Biracial</i>	2	6	2	9	0	0
<b>Ethnicity</b>						
Hispanic/Latino	5	14	4	18	1	7
Not Hispanic/Latino	31	86	18	82	13	93
<b>Gender</b>						
Genderqueer or Genderfluid	1	3	1	5	0	0

Man	15	42	8	36	7	50
Questioning or Unsure	4	11	3	14	1	7
Woman	16	44	10	45	6	43
<b>Sexual Orientation</b>						
Asexual	2	6	1	5	1	7
Bisexual	4	11	2	9	2	14
Heterosexual/Straight	25	69	15	68	10	71
I prefer not to disclose	1	3	0	0	1	7
Lesbian	1	3	1	5	0	0
Other sexual orientation	1	3	1	5	0	0
Queer	2	6	2	9	0	0