



UNDERSTANDING CEREBRAL PALSY

A guide for parents and carers

YOU ARE NOT ALONE ON THIS PATH

Cerebral refers to the brain. **Palsy** means loss of control of movement or posture.

Cerebral palsy is a group of movement disorders which affects a person's movement, balance, and posture. It occurs when there is damage to the developing brain, often before, during or shortly after birth.

The way cerebral palsy impacts movement can vary from person to person.

It can include stiffness, weakness, difficulty with balance or coordination, posture, and other motor challenges.

Although cerebral palsy is a life-long physical disability, treatments, supports and interventions are available and progress and change are possible.



12,500 PEOPLE WITH
CEREBRAL PALSY LIVE IN
IRELAND