

Theme Description	Example Quote
ATTITUDE	
Kangaroo Care at home is beneficial to both infants and mothers individually as well as collectively.	<p>“The weight has increased with KMC, and the love has increased.” (Mother7)</p> <p>“I had twins. After sitting in KMC, both received good nourishment and their health became excellent.” (Mother2)</p>
Mothers have beliefs about when and how to do Kangaroo Care at home.	<p>“Just after they turned six months. So I stopped only about ten days ago.” (Mother2)</p> <p>“Yes. Both their weights are fine, so I stopped after asking.” (Mother2)</p>
SOCIAL NORMS	
Healthcare providers in and out of the hospital are often the primary source of information about Kangaroo Care for mothers.	<p>“At that time, the people from the health department who come, the madam who gives the vaccine, they had shown me when I had my first child to give KMC at home for three hours each.” (Mother8)</p>
Mothers may learn about Kangaroo Care through the experiences of their family and community members.	<p>“They would ask us, if we have made any mistake, they can tell us” (Mother2)</p> <p>“When I came here, I was alone, there was no one with me. After that, I got the support of all these people.” (Mother2)</p>
PERCEIVED CONTROL	
Kangaroo Care in the NICU is essential for mothers to be able to do it at home after discharge.	<p>“The sisters used to teach. If I couldn't do it, they would teach me.” (Mother1)</p> <p>“When this baby was placed in the room for KMC, that madam used to call us on time to give KMC.” (Mother8)</p>
The physical environment in the home impacts a mothers' ability to do Kangaroo Care at home.	<p>“I gave KMC for 9-9 hours, but when I was discharged, it was very hot, so he wouldn't stay in KMC.” (Mother6)</p>
Competing priorities in the home can interfere with a mother's ability to do Kangaroo Care, but mothers are able to find a way to do it.	<p>“There are other children, have to take care of the mother-in-law, have to cook food, have to clean, in that, some time is taken out.” (Mother4)</p> <p>“After going home, after finishing some work, I would give KMC to both for 2-2 hours. I would give it for two hours whenever I got time.” (Mother2)</p>
Family beliefs and knowledge about Kangaroo Care impact mothers and surrogates doing it at home.	<p>“We all live together as a family at home, so everyone supports, so everything is good” (Mother8)</p> <p>“And my mother's support is also just as much. She keeps her at home, and I also sit for KMC.” (Mother1)</p>
SELF EFFICACY	
Prior experience doing Kangaroo Care in the NICU or at home helps mothers	<p>“I had given it to my first two children as well, and I knew its benefits.” (Mother8)</p>
Kangaroo Care is an important aspect of infant care that they can do.	<p>“KMC is good. He gained weight and got nourishment, which is good. I feel his weight increased because of it.” (Mother1)</p>
Encouragement from others and positive reinforcement help motivate mothers to keep doing Kangaroo Care	<p>“When she comes out, I explain to her, because I had the previous experience, that this time will pass slowly. I tell her things like that.” (Mother6)</p> <p>“I got along with everyone and got everyone's support, so I felt good.” (Mother2)</p>

